

# BOSTON ATHENÆUM



Share what artwork you enjoyed!  
@SlowArtDay2025 and @bostonathenaeum

## **What is Slow Art Day?**

Slow Art Day is a global event with a simple mission: help more people discover for themselves the joy of looking at and loving art.

## **Why slow?**

Anyone can enjoy and appreciate art without experts or expertise just by spending time looking closely.

## **What do I do?**

Just pick a work of art! Select one piece of art you see anywhere on the first floor. Stools are available to borrow if you would like to sit down. Once you have taken your time to look closely, share your thoughts with someone else.

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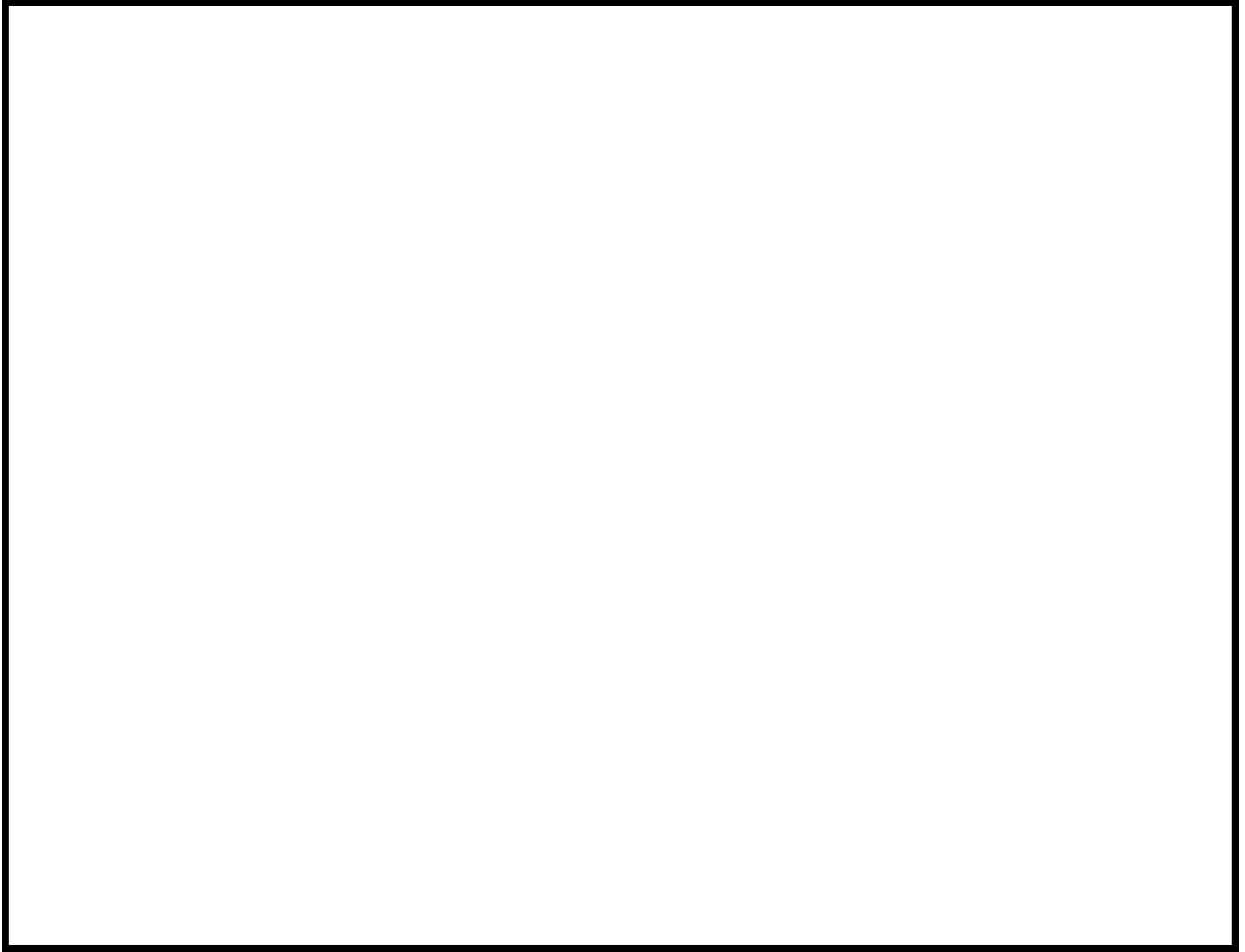
## **Look!**

Focus your attention on one work of your choice (sculpture, painting, whatever grabs you) for 10 minutes.

Try to see it as a whole, then pick out small details, moving around it if you are able to do so.

Then either sketch the work as a whole, or draw or list smaller details that stand out to you. After you are done drawing or writing, think about any details that you missed during your first look.

Use this space to draw and write



Does this piece remind you of an experience, emotion or time in your life? Write down what comes to mind.

What makes sense? What confuses you? What questions would you ask the artist?

*Pick a new work of art to look at and start over if you enjoyed this process!*